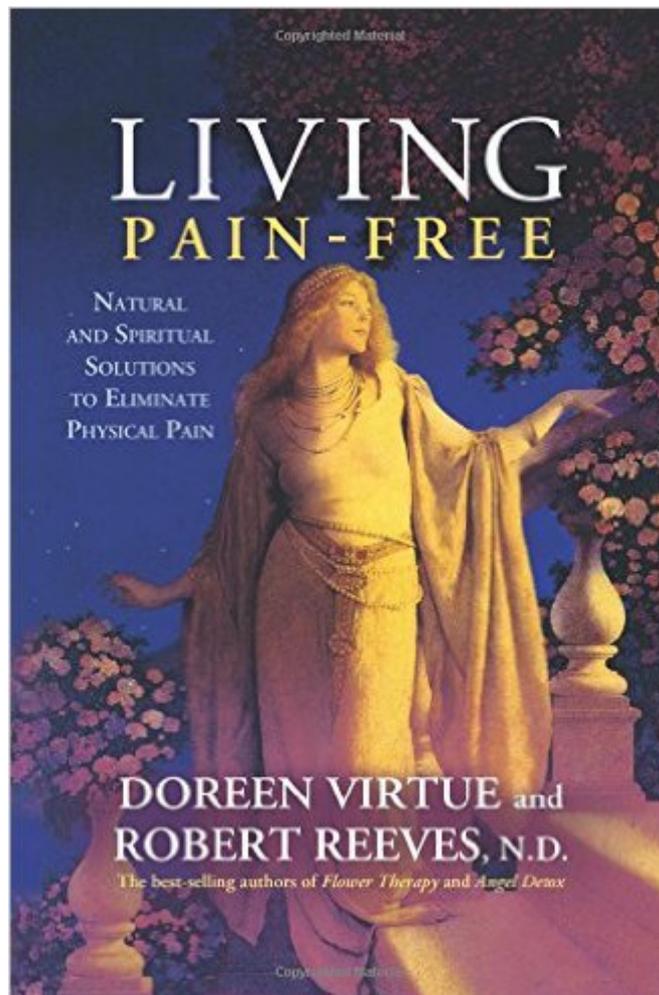


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# Living Pain-Free: Natural And Spiritual Solutions To Eliminate Physical Pain



## Synopsis

ââââ No longer must you suffer with chronic or acute pain! In this book, Doreen Virtue and Robert Reeves (a successful Australian naturopath) explain how you can reduce or eliminate physical discomfort with their unique blend of natural and spiritual healing methods. Youâââ will understand the origin of, and reasons for, your pain; and, rather than just covering up symptoms, youâââ will be guided in building a foundation of true wellness. ââââ This book contains detailed guidelines for healing, taking you through the research and offering recommendations for nutrition, exercise, and physical and energetic therapeutic methods. Learn which healing modalities may be best for you, and how to get well without the need for harsh chemical drugs or surgery. Youâââ will also be inspired by stories shared by readers and clients who were able to relieve their pain with the help of the angels. ââââ Donââââ allow pain to hold you back any longer. Underneath your suffering is a perfectly comfortable, healthy body. Within these pages you will uncover how to reveal it and ease pain naturally. Get ready to enjoy life again!

## Book Information

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## Customer Reviews

I have to this date loved beautiful angel Doreen Virtue and her products for 11 years now. I have seen many repetitious information in both her books and her card decks and yet still would get them and have most of her stuff. I noticed lately though many of her books were not repetitious and I was very proud of her. It's seen in her astrology book, gabriel book, her mermaid book and her detox book not to much. In this book however at least what I have read so far I recognized in other books of hers

which makes me wonder why she is writing another health book or helping to write one anyway? She doesn't need to. Many of the health information is in her Angel Detox book and some is from her Angel Medicine book as well. As far as the personal stories in it different stories, but Angel Medicine, Healing Miracles Of Archangel Raphael, and Angel Detox have personal stories on how the angels can help with your health. Some of the prayers and meditations maybe different to, but so far not seeing it. I am going to take time to look at Doreen's Raphael book, to see if there is any information from there. What is good about this book is that it's a quick read. After seeing the same information in her books for 11 years I am getting tired of the repetitious information and may go back to just getting her card decks like I did when I first starting liking her. I think Doreen should just write a book on healing prayers and meditations sometime rather than another health book. If you like Doreen and don't own the books Angel Medicine, Healing Miracles Of Archangel Raphael, and Angel Detox then get this book. If you already have Doreen's other health books reading this book will probably be a waste of time.

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